# VISTa Matrix

| | | | | | Total | Written Material | Informational Interview | Job Shadow | Internship |
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Insert Blueprint Themes in the horizontal axis cells. Insert potential career or occupation options in the vertical cells. Evaluate each occupation from 1 (lowest) to 3 (highest) to the degree you believe it will fulfill your Themes. As you research careers, use the 4 right columns to keep track of your progress.

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